

Promoting good Oral health in children

Policy adopted on:	14th January 2024
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Last reviewed:	18th August 2026
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Safeguarding and Welfare Requirement: Health

Health: EYFS 2021 - 3.45

The provider must promote the good health, including the oral health, of children attending the setting

Policy statement

Bosco nursery actively promotes good health and hygiene to all children.

With the changes to the EYFS 2021 which includes promoting good oral health, we have included this into our practice. This has been introduced following research by Public Health England that suggests that 1 in 5 children aged 5, have experienced tooth decay. The aim of the new requirement is to reduce tooth decay in children and associated hospital admissions, since it is the most common reason for children aged 6 to 10 to be admitted to hospital to have teeth removed.

Aim

Our aim is to provide children with the knowledge and skills they need to develop good oral hygiene by teaching them about healthy eating habits, and the importance of brushing their teeth.

We also aim to arm parents with the information they need to encourage and continue this at home.

Good oral health is vital to general wellbeing and early childhood dental hygiene is a key factor in the development of healthy adult teeth. Encouraging and establishing sound oral health practices early in a child's life will assist in maintaining good oral health and preventing oral disease and other related diseases over a lifetime.

Procedures

- Promote the concept of brushing teeth properly through equipment (Large teeth/gums/toothbrush activity)
- Plan activities based around oral hygiene and healthy eating (food tasting etc)
- Give handouts to parents regarding oral hygiene and healthy eating.
- Continue to offer a healthy varied diet to our children at nursery.
- Carpet time talks, books based around oral hygiene etc.